

## I'm interested in Extra Care what do I need to do next?

There are a number of Extra Care schemes across Leicestershire where properties can be rented, leased or purchased outright. For information on schemes in the area where you live contact the Advice and Information Service on 0116 222 9555 who will help explain what you need to do next.

## How will I know if I am eligible for Extra Care housing?

Leicestershire County Council will arrange a social care assessment with you. This will look at you both your short term and long term needs. We will check your eligibility at the same time as completing the assessment. You must have a minimum need of 3½ hours care per week.

To find out if you are eligible contact our Customer Service Centre on 0116 305 0004

## What are the Costs?

Extra Care is designed to be 'affordable housing' with secure tenure and all the legal rights associated with living in your own home.

Costs will include;

- Rent
- Service Charges
- Wellbeing Charge (24/7 cover)
- Care Services

A financial assessment will be undertaken to identify your individual costs and will look at your entitlement to benefits such as Housing Benefit and Income Support.



## Useful contacts

Advice and Information Service – 0116 222 9555

### District and Borough Councils

Blaby District Council,  
Council Offices,  
Desford Road,  
Narborough,  
Leicestershire, LE19 2EP  
Tel: 0116 275 0555

Charnwood Borough Council,  
Council Offices,  
Southfield Road,  
Loughborough, LE11 2TX  
Tel: 01509 263151

Harborough District Council,  
The Symington Building,  
Adam and Eve Street,  
Market Harborough,  
Leicestershire, LE16 7AG  
Tel: 01858 82 82 82

Hinckley & Bosworth  
Borough Council,  
Hinckley Hub,  
Rugby Road,  
Hinckley,  
Leicestershire, LE10 0FR  
Tel: 01455 238141

• Melton Borough Council  
• Parkside, Station Approach,  
• Burton Street,  
• Melton Mowbray,  
• Leicestershire, LE13 1GH  
• Tel: 01664 502502

• North West Leicestershire  
• District Council,  
• Council Offices,  
• Whitwick Road,  
• Coalville,  
• Leicestershire, LE67 3FJ  
• Tel: 01530 454545

• Oadby and Wigston  
• Borough Council  
• Council Offices,  
• Station Road,  
• Wigston,  
• Leicestershire LE18 2DR  
• Tel: 0116 288 8961

• Leicestershire County Council  
• Customer Service Centre  
• 0116 305 0004

# Extra Care Housing

Helping you to live independently for longer







## Testimonials

"I felt so lonely at home on my own, now I have all the company I could possibly want but reassured I have the privacy of my own flat when I want it."

"My parents needed, not a nursing home, but perhaps a little more help to keep living independently. Living in Extra Care has given them this."

"It's good that there are people of different ages living in Extra Care – this helps to keep people going."

"There are activities to do and sometimes trips out, which are enjoyable. I enjoy the things we do like bingo, exercise classes, theme nights. It is nice to get together with other people."

"Have a better quality of life now that care needs are being met – worry less about keeping well."

"You are treated with dignity – as a person, not just an 'age'."

"I knew I needed more help and I was not managing at home but was not ready to move into a care home. I moved to the Extra Care scheme and have found all the care and support I could possibly want. I wish I had done it years ago."



- Are you (or someone you care for) aged 60 or over with care and support needs?
- Is being independent important to you?
- Is your current home situation becoming difficult to manage?

If the answer is **yes**, then Extra Care Housing could be the solution for you.



### What are the benefits of Extra Care Housing?

- Extra Care Housing is safe, comfortable and secure accommodation designed to meet and adapt to your changing needs as you age.
- Services include the provision of 24/7 on site staff delivering flexible care and support options, giving you peace of mind that help is available when you need it, helping you to stay independent and in control.
- Alongside the 24/7 provision there is a wide range up to date equipment and technology including gadgets and gizmos that can help you to remain independent in your home and be adapted to meet your needs.
- Extra Care is private living, you have your own front door, but it also offers a real sense of community where there are opportunities to be actively involved in social events.

### Other benefits and facilities of Extra Care may often include;

- A nutritious cooked meal - daily
- Well designed and maintained gardens with outdoor communal areas
- Assisted bathrooms or Spa facilities
- Controlled access to the site with secure main doors
- Alarms (personal/lifelines) situated in your accommodation and in the building
- Laundry facilities
- Hairdressing/beautician facilities and/or health treatment rooms
- Dining room/restaurant and coffee bars
- Communal lounges and other areas such as a library room, crafts room or computer suite
- Guest suite so that friends and family can stay over