

## **Wellbeing Heritage Walk**

## Free guided walks in Market Harborough

Harborough District Council host regular free guided walks in Market Harborough

- Regular friendly walks exploring the local area
- Welcome to stay for a coffee and chat afterwards at a local café
- Meet at the Market Square in Market Harborough
- The walk lasts approximately 45 minutes
- Wear suitable clothing and footwear to enjoy the leisurely walk



For further information please contact:

Email: activeharborough.gov.uk Phone: Mark Beeby: 07889 321 858 "I really enjoy the guided walks with George, its lovely to get out and meet new people."



George - Walk Leader







