

# Legs, Bums & Babies

## An Exercise Class for Parent and Baby in Broughton Astley and Dunton Bassett



- Looking after a baby or toddler? Come Along!
- Friendly classes run every Friday morning: 11 – 11.45am at Broughton Astley Village Hall and Dunton Bassett Village Hall on a Wednesday morning at 10 till 10:45 am
- No pre-booking required
- Just wear comfortable clothing and bring an exercise mat or towel
- Fitness With Hannah – **Voted Best Fitness Instructor In Leicestershire in the 2019 Muddy Stiletto Awards**

**For further information contact Hannah:**

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