



Pickleball Harborough



Pickleball is a fun sport combining elements of badminton, tennis and table tennis

- Played indoors or outdoors on a badminton-sized court using a net similar to tennis. Two or four players use solid paddles, larger than a table tennis bat, to hit a hollow, perforated plastic ball, over a net.
- No special equipment is required and any comfortable clothing is fine. Trainers are recommended.
- Pickleball can be played by anyone of any age, but it is particularly suitable for older people as it is easier to play than tennis.
- Pickleball is sweeping the UK and now there is a group in Market Harborough. Come along to one of our Sunday sessions (over 18s only) and try it for yourself. It's perfect for any fitness level and costs just £5 a session. Get in touch to book your place.
- Sundays: 10am - 12 at Welland Park Academy sports hall.
Welland Park Rd, Market Harborough,
LE16 9DR



**For further information
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