



Scraptoft Joggers

Weekly running group, suitable for both experienced runners and beginners

- Meeting every Monday evening at 7pm outside The Whitehouse pub, in Scraptoft (LE7 9SE)
- Route information is posted here weekly: <https://www.facebook.com/runscrappyjoggers>
- Membership is just £10, and you will need to complete a registration form
- Please note that a basic level of fitness is assumed for those keen to start running – Before coming along on a Monday please call Sue on 07871 285606. Sue will be more than happy to go through any preparation that you might need to do before coming along

Scraptoft Joggers

Scraptoft Joggers is a A Running Club For Everyone



For further information:

Web: <http://scraptoftjoggers.co.uk/>

Facebook: <https://www.facebook.com/runscrappyjoggers>

Email: sueablett1@btinternet.com

Telephone: Terry: 0776 481 5991 / Dr Sue: 07871 285606

