



AKA Market Harborough martial arts & fitness centre

A.K.A Market Harborough Martial Arts

Martial Arts kickboxing and sport karate classes
for children from 6-14 yrs and classes for adults 15+

- Classes held weekly at Unit 3, 6 & 7, 87 St Mary's Road, Market Harborough. LE16 7DT
- These classes are great for all children; to promote inclusion, weight management, socialising, working as a team, improve confidence and to teach discipline. It's also great for teaching children self defence.
- Adult classes focus on confidence building, self defence, strength, fitness, body toning, weight management and weight loss.
- Classes run on Mondays and Thursdays, and are suitable for brand new beginners up to advanced martial artists.
- Classes are run by multi world champions Gareth Ford & Chloe Ford, who have a team of fighters who hold World, European and British titles.

Please contact us to book for a free trial class!

Email: anarchykickboxing@hotmail.co.uk

Website: www.anarchykickboxing.co.uk

