



Bowmen Of Glen Archery Club

Bowmen of Glen is a friendly archery club based in Great Glen, LE8 9AB

- Archery in an inclusive sport for all ages . There are no barriers and people of all abilities are welcome. You could be a wheelchair user, visually impaired or an amputee, archery is open to all.
- Mainly shooting outdoors, the club regularly hold have-a-go taster sessions, beginners courses and also welcome new members.
- > Once you have learned the basics, the sport can be very addictive.
- If you're new to archery and are looking to become a club member, Bowmen of Glen will teach you how to shoot safely and successfully. There are a number of beginners courses throughout the year which will help you to achieve this.
- Archery is about concentration, focusing mentally, having a good posture, visualisation and developing the art of repeating the same movement. Most of all is to enjoy and have fun!

For more information contact:

Email: <u>mark@bowmenofglen.org</u> Telephone: 07890 520544 Website: <u>www.bowmenofglen.org</u>



Come And Try <u>ARCHERY</u>! Open To All Ages & Abilities

> Bowmen of Glen Archery Society Newton Lane, Great Glen LE8 9AB

www.bowmenofglen.org







