



## Market Harborough Rugby Stars

Rugby Stars is a fun and active club designed to integrate rugby skills and its core values within its classes into a fun, non-contact, play activity for children aged 18 months to 6 years.

- Benefits include improving fitness, agility and social skills in children. Balance and co-ordination. Team building and discipline. Flexibility and hand-eye co-ordination.
- We are a sociable club for families and pride ourselves on our 5-star personalised service.
- Sessions held at Little Bowden Primary School, every Saturday from 09:00am to 12:00.
- Individual class times can be found on our website [www.rugbystars.co.uk](http://www.rugbystars.co.uk)



For more information please contact James Arnold:

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