



The Little Explorers Activity Club CIC

An autism friendly activity club based in East Farndon, Leicestershire offering Animal Assisted Therapy (AAT) and Animal Assisted Learning

We have created a safe & understanding environment to have fun and socialise with other special needs families on our open mornings and support children on the Autism Spectrum in our private therapy sessions.

Our innovative project using aquaponics creates academic learning opportunities, independence and a deeper understanding of nature.

The animals help with the therapeutic approach to education in conjunction with Animal Assisted Therapy which is successful for many conditions including Autism, ADD, ADHD, anxiety and depression. AAT lowers blood pressure, increases oxytocin, aids concentration, calms, builds confidence and social interaction.

We also have a self-catering apartment on site which is autism-friendly - a perfect short break for families to immerse themselves with nature and the animals.



For more information please contact Arabella:

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